


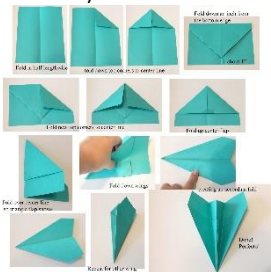





FRIDAY 10 TH APRIL: AM				
ACTIVITY TYPE	ACTIVITY 1	RESOURCES	ACTIVITY 2	RESOURCES
PHYSICAL	5-a-day! 	5-a-day Challenge Card	Musical bumps! Dance to the music; when the music stops, sit down as quickly as you can. Last person to sit down must do 10 X Jumping Jacks to come back into the game.	Music
CREATIVE	Make your own Easter Peacock! 	Paper, pencils, glue, scissors	Easter Bunny Croquet! 	Cardboard, scissors, glue, selotape. Wooden spoons for mallets and table tennis ball (rolled up paper.)
INVESTIGATION	Get outside in the garden and search for animals who have been visiting your garden when you are asleep!	Animal Tracks identification sheet	Paper aeroplane competition! Make your own aeroplane and have a competition to see whose can fly the furthest! 	Sheets of paper.
EASTER BRAINTEASER		The subject is 'Easter.' Think of something associated with Easter for each letter of the alphabet. How long did it take you?		

FRIDAY 10 TH APRIL: PM				
ACTIVITY TYPE	ACTIVITY 1	RESOURCES REQUIRED	ACTIVITY 2	RESOURCES
PHYSICAL	Play a game of 'Targets'	Target Game card Hoops, flowerpots, buckets Beanbags, balls – the same number as there are targets. Something to indicate a throwing line.	Land, sea and air This simple game requires listening and a line on the ground. Identify behind the line as land, in front of the line as sea and jumping directly up as air. Say the commands 'Land', 'Sea' and 'Air' in no particular order. If the children make a mistake, they do 5 jumping jacks to return to the game.	No resources required!
CREATIVE	Decorate a tree with an Easter theme 	Branch, string, 'treasures to hang'	Create an Easter window 	Card, paper, scissors, glue.
EASTER EGG HUNT!	Easter Egg Hunt preparation! Print out and colour 10 X Easter eggs	Easter Egg template 	Easter Egg Hunt! Take it in turns to hide the Easter eggs around the home or garden. How long does it take for you to find them? Try to beat your time. You could use these again for an Easter Egg Hunt on Easter Sunday.	Easter eggs from previous session.

5-a-day



Today's 5-a-day are with a large ball and 5 cones. If you are playing inside a soft ball is best. Instead of cones you can use toys or pots as markers.

Keepy uppy (knees) – how many times can you keep the ball off the ground using only your knees?

Keepy uppy (feet) - how many times can you keep the ball off the ground using only your feet?

Dribble (feet) – put the 5 cones in a line with a space between. How many times can you dribble the ball in and out of the cones, out and back in 1 minute?

Dribble (hand) – repeat the exercise before, but this time dribble with one hand and put the other hand behind your back. Do this for 30 seconds and then change hands for another 30 seconds.

Chest pass – pass the ball to and from a partner, using a chest pass. How many times can you do this in 1 minute?

Keep your scores. These 5-a-day will be repeated every Friday during Easter Fun. See if you can improve.

How to create an Easter peacock



What you will need:

2 X sheets of green paper (or white paper painted green.)

1 X sheet blue card (or white card painted blue.)

1 X sheet of yellow card.

Blue felt tip

Black marker/ pencil/ glue, scissors.

How to make the tail:

- 1) With the blue felt tip, draw the 'eye' detail on the green paper.
- 2) Very carefully, fold the paper into a fan.
- 3) Bring the two end pieces of the fan together and staple into a semicircle (as pictured above.)

How to make the body:

- 1) Carefully draw a 3D 'S' shape onto the blue card and cut out.
- 2) Using the yellow card, create the beak, wing and legs as pictured above. Stick onto body.
- 3) To create the 'top knot', cut out three very small strands of blue card and using the glue, attach to peacock's head.
- 4) Use black marker to complete the facial features.
- 5) Finally attach the body to the centre of the fanned tail.

How to create Easter bunny croquet



What you will need:

- 1 X A4 size stiff cardboard (e.g. Amazon packaging!)
- 2 X sheets of coloured paper (or white paper painted green and pink)
- 1 X sheet soft card (e.g. cereal packet)
- Felt tip
- Black marker/ pencil/ glue, scissors.

How to make the tail:

- 1) With the felt tip, draw the arch shape onto the stiff cardboard so that the shape is about 2cm wide
- 2) Very carefully, cut this shape out following your lines – you may need an adult to help as the cardboard is very hard to cut so may require sharp scissors
- 3) Cut out 4 rectangles from the soft card about 14cm long and wide enough to cover the ends of the cardboard arch (see picture to help)
- 4) Fold the 4 rectangles in half
- 5) From the coloured card, cut 2 large bunny ears (1 from each colour), 6 whiskers (3 from each colour) and 2 paws (one from each colour)
- 6) Use the felt tip to decorate the paws
- 7) Stick the bunny ears and whiskers to the back of the cardboard arch – the bunny ears at the top and the whiskers, 3 per side, left and right.
- 8) Take 2 of the rectangles you folded earlier and glue them to either end of the arch – the same side you have stuck the bunny ears and whiskers to
- 9) Turn your hoop over
- 10) Take the other 2 cardboard folds and stick them at the end of the arch so they match the other 2 you stuck before
- 11) Tape around the cardboard stands for reinforcement. Now your bunny should be standing up
- 12) Finally stick one paw on the front of each stand.

Animal Tracks ID Sheet

Woodland Trust
Nature Detectives

Ready to get detecting?
How many of these footprints can you find?

Fantastic tracks!

Squirrel

Deer

Badger

Fox

Bird

Duck

Hedgehog

Otter

Rabbit

Dog

Look for prints in soft mud near a pond or lake, after rain, or in the frost and snow during winter.

Feel free to copy and share this for personal and educational use - and don't forget there are loads more brilliant activities to download on our website!

woodlandtrust.org.uk/naturedetectives | 0230 333 5301 | naturedetectives@woodlandtrust.org.uk

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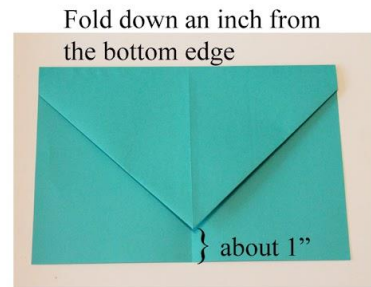
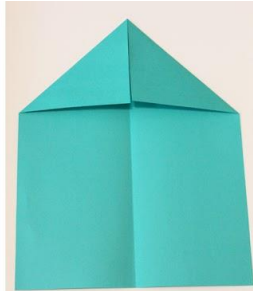
How to make a paper aeroplane



Fold in half lengthwise

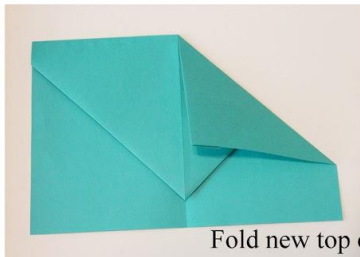


fold down top corners to center line

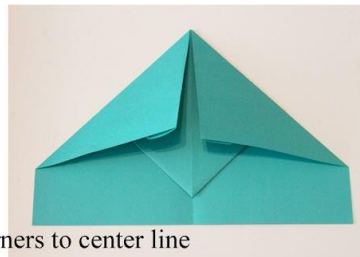


Fold down an inch from the bottom edge

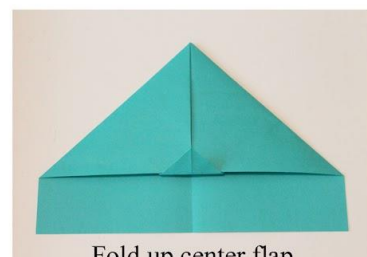
} about 1"



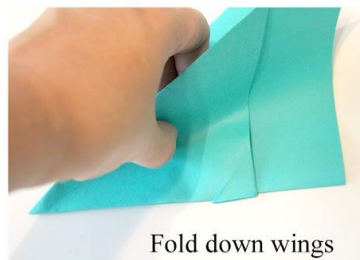
Fold new top corners to center line



Fold up center flap



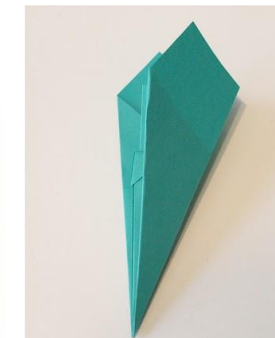
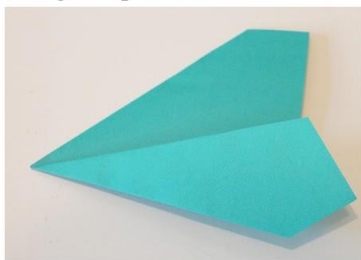
Fold over center line so triangle flap shows



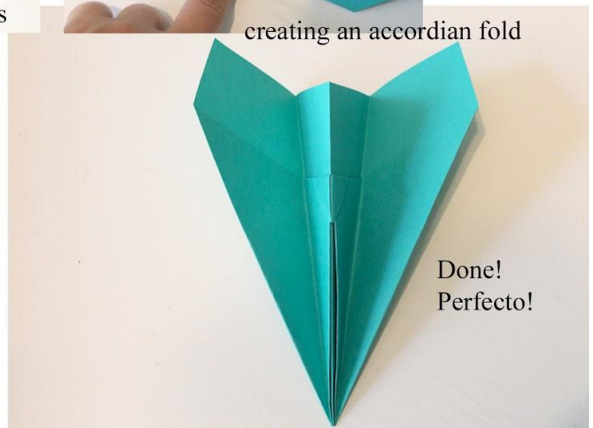
Fold down wings



creating an accordion fold



Repeat for other wing



Done!
Perfecto!



RESOURCE CARD



Targets

Number of players: 1 or more

Equipment:

Hoops, flowerpots, buckets

Beanbags, balls – the same number as there are targets.

Something to indicate a throwing line.

Playing Space:

Garden, yard or inside (eg hall) but if playing inside make sure there is nothing which can be damaged or broken and use only light balls for throwing.

Set up a variety of targets using the equipment and a throwing zone to stand behind. Put a score for each target on a piece of paper in front of the target (eg the target furthest away may score the most points).

Aim: To score as many points as possible by throwing into targets

How to Play:

Stand behind the throwing line and throw the bean bags/balls from the throwing zone into the targets and keeps count of your score. Try to beat your score each time you play. Have 3 goes.

If there is more than one player, each player needs the same number of balls/beanbags and the winner is the one with the highest score after all the balls/beanbags have been thrown.

Variations:

Move targets nearer or further and increase the number of targets or decrease the size.

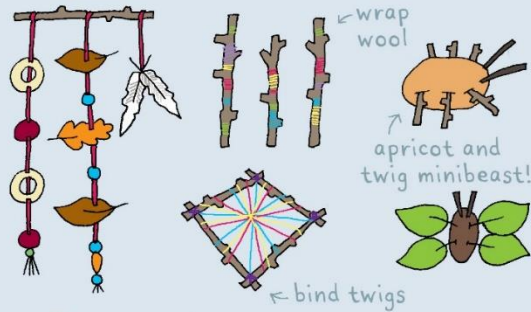
Decorate a tree



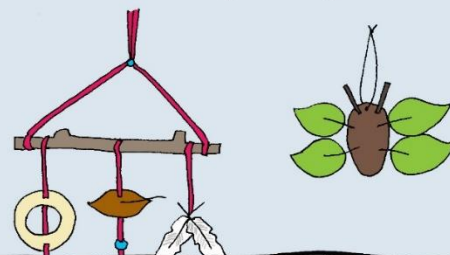
You will need

- Ribbon or string 
- Scissors 
- Natural objects such as twigs, leaves, dried fruit, feathers 
- Coloured wool and beads 

1 Get creative! Use your natural objects to make decorations.



2 Attach the ribbon or string by either tying it around your decoration or by cutting a hole and threading it through.



3 Find a tree! Use your ribbon or string to attach your decorations to your favourite tree.

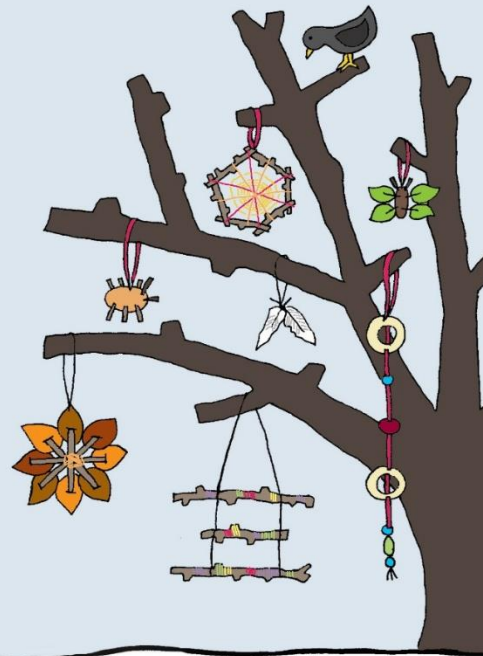


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Easter egg template



**Cut them out and stick them
onto card so you can hide
them again and again**