

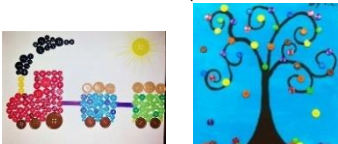








TUESDAY 14 TH APRIL: AM				
ACTIVITY TYPE	ACTIVITY 1	RESOURCES	ACTIVITY 2	RESOURCES
PHYSICAL	5-a-day! 	5-a-day Challenge Card	Hide N' Sheep! Grab 10 toys and 2 towels. The toys are your sheep. Share them equally between yourself and another player. Use the towels to make a home (pen) for your sheep. Each player hides the other player's 5 toys. On the count of 3, players go and find their sheep and bring them home to the pen. The first one to find their 5 toys wins!	Toys and a towel.
CREATIVE	Make your own handprint animals 	Paper and paint.	Button art Create artwork with any spare buttons you have in your house. 	Paper, pens, paint and buttons!
INVESTIGATION	Make your own bird hide to see who is visiting your new bird feeder 	Old sheet or blanket, sticks, pegs, comfy cushion or blanket.	Sink and float investigation Grab a bowl of water and gather a selection of items (that won't be damaged getting wet!) Make a prediction: sink or float? Test it out! 	Bowl and items that won't get damaged being wet!
DAILY BRAINTEASER (answer to Monday 13 th AM: Billy)		The more there is, the less you see. What is it?		

TUESDAY 14TH APRIL: PM

ACTIVITY TYPE	ACTIVITY 1	RESOURCES	ACTIVITY 2	RESOURCES																																																																																																																																																																																																																																																		
PHYSICAL	Take part in the 'Mat Challenge!'	Mat Challenge Game Card	Collect a pile of 10 books and mark a start and finish line. Now balancing them on your head one at a time, and without using your hands to hold them on, carefully walk the books to the finish line. Be careful – if you drop it, you must go back to the start! Time yourself and see if you can beat your time as you get better at it.	Books. A start and finish line.																																																																																																																																																																																																																																																		
CREATIVE	Stick Weaving  	Sticks/ twigs, string, leaves/flowers to thread	Create some inventive artwork using sponges 	Sponge, paints.																																																																																																																																																																																																																																																		
INVESTIGATION	Identify trees in your garden or outside your window.	Leaf identification sheet	Battleships! For two players. Each player needs two grids. Label each grid by writing numbers across the top and letters down the side, so that the squares are easily identified as A8 or F5. One grid will be for locating your own ships, the other for recording shots against your opponent's ships. Each player places three or four "ships" on his grid. The other person guesses where they are using the grid references. The first person to sink all the other person's ships wins.	Paper, ruler, pencil Printable battleship game  My Ships <table border="1" data-bbox="1684 1050 1854 1225"> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>A</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>B</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>C</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>D</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>E</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>F</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>G</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>H</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>I</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>J</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> Enemy Ships <table border="1" data-bbox="1863 1050 2033 1225"> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>A</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>B</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>C</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>D</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>E</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>F</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>G</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>H</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>I</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>J</td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>		1	2	3	4	5	6	7	8	9	10	A											B											C											D											E											F											G											H											I											J												1	2	3	4	5	6	7	8	9	10	A											B											C											D											E											F											G											H											I											J										
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DAILY BRAINTEASER (Answer to Monday 13 th PM: Your breath)		What gets more wet while it dries?																																																																																																																																																																																																																																																				

5-a-day



Put on some music you enjoy to help get you going.

Star Jumps - How many star jumps can you do in a minute (make sure your fingers touch above your head)?

Lunges - Start in standing position, hands on hips. Put one leg forward so front knee is bent at 90 degrees to the floor. Keep both feet parallel and toes forward. Alternate legs. Make sure you keep your back straight. How many can you do in 1 minute?

Single leg balance – Stand on one leg for 1 minute. Change to the other leg for another minute.

Burpees – How many can you do in 30 seconds? Start standing tall, then into a crouch position with hands on the ground and jump your feet out behind you as far as they will go, jump back into crouch position then jump up, arms in the air.

Two legged jumps – Stand with both feet together. Jump up and down on the spot. How many jumps can you do in 1 minute?

Keep your scores. These 5-a-day will be repeated every Tuesday during Easter Fun. See if you can improve.

Handprint animal ideas

What you will need:

Paint tray

Different coloured paints

Paint brush (for detail)

Little hands!



Button art ideas

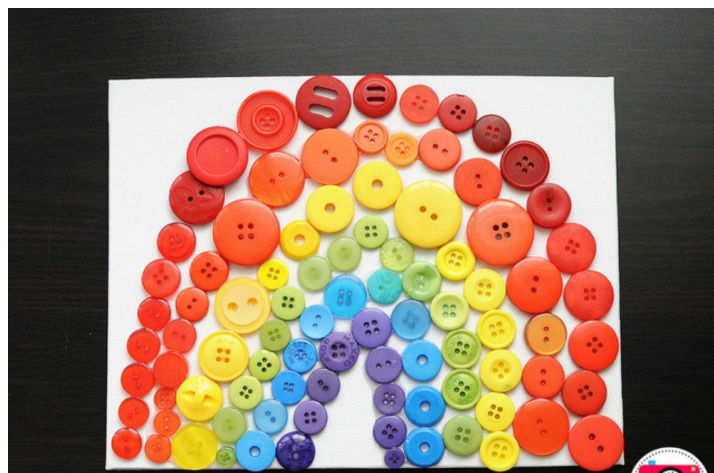
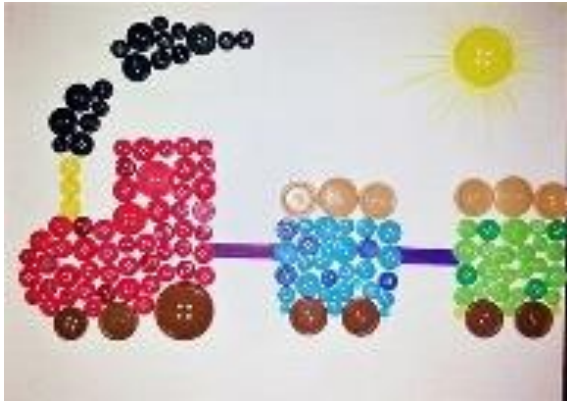
What you will need:

Spare buttons (of all shapes and sizes!)

Glue

Pens/ pencils/ paints/ brushes

Paper



How to make a bird hide

wildlife watch



What you need:

- old sheet or blanket (dark ones are best)
- one long and two short branches or poles



- string
- clothes pegs
- cushions



- warm clothes
- snacks
- bird feeders and food
- binoculars (optional)

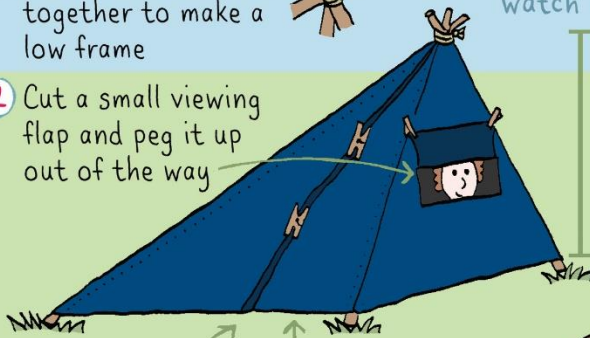


- 1 Lash the three poles together to make a low frame



Wear warm clothes, watch and wait...

- 2 Cut a small viewing flap and peg it up out of the way



Tall enough to sit inside

- 3 Cover with a blanket and peg in place

- 4 Stock your hide with comfy cushions, a drink and snacks



www.wildlifewatch.org.uk

Illustration: Corinne Welch © Copyright Royal Society of Wildlife Trusts 2015



RESOURCE CARD



The mat challenge

Number of players: 1 or more

Equipment:

1 mat per person (eg picnic rugs, blankets)

Marker for start and finish line

Playing Space:

Garden or outside space or wide inside space with furniture moved back.

Starting line one side of the playing area and finish line opposite.

Aim: To record the fastest time across the finishing line.

How to Play:

Players start on their mats behind the start line. On the word 'go' the player(s) must get to the finishing line without touching the floor in between. Only the mats can touch the floor and the players can only stand on the mats. The fastest time wins.

Try turning round at the finishing line and coming back to the start line.

Stick weaving ideas

What you will need:

Sticks

String or wool

Natural colourful objects to weave through

How to make the loom

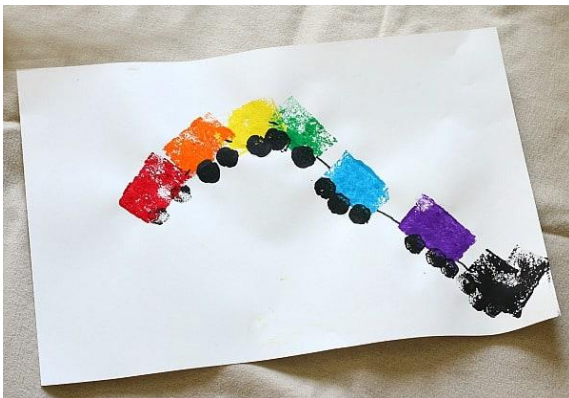
Create a frame to weave on by tying the corners of the twigs together. Starting at one end fasten the string and then take it across to the opposite side of the frame, round the twig and firmly back to the first twig, continuing until the whole frame is covered as in the pictures. Then start weaving. If you are weaving wool in and out, use a piece of paper with the wool round wound it to make a 'shuttle'. Make sure you always fasten the starting end and the finishing end by tying it tightly.



Sponge Art ideas

What you will need:

- Old sponges
- Sheet of paper
- Paint



Leaf ID Sheet

Woodland Trust
Nature Detectives

Be a super spotter!
How many trees can you identify?

leaf ID

Alder ✓

Beech ✓

Oak ✓

Sycamore ✓

Birch ✓

Holly ✓

Elder ✓

Ash ✓

Horse Chestnut ✓

Field Maple ✓

Hawthorn ✓

Hazel ✓

Rowan ✓

Found any other leaves? Do you know which trees they're from?

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RESOURCE CARD



Battleship Grid

	A	B	C	D	E	F	G	H	I	J
1										
2										
3										
4										
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