








WEDNESDAY 8 TH APRIL: AM				
ACTIVITY TYPE	ACTIVITY 1	RESOURCES	ACTIVITY 2	RESOURCES
PHYSICAL	5-a-day! 	5-a-day Challenge Card	Find Forky! Draw a picture of 'Forky' from Toy Story 4 and cut him out.  One player hides Forky whilst the rest of the players hide their eyes. On the word 'Go!' all the players have to find Forky as quickly as possible! The first person to find Forky celebrates with 10 X Star Jumps!	Pens/pencils, paper, scissors.
CREATIVE	Create your own Easter daffodils! 	Card, lolly stick, cake case, scissors, glue	Make your own catapult!  Make a target. Can you fire items into the target?	Pencils, elastic bands and a spoon.
INVESTIGATION	Get outside in the garden and create a 'Bug Hotel' for all those mini beasts you found on Monday morning! 	Natural materials including wood, sticks, stones, leaves etc.	See if you can find something in your house which begins with each letter of your name. Can you make a picture with them?	Items collected from your investigation.
DAILY BRAINTEASER		The subject is 'Boys' names.' Think of a name for each letter of the alphabet. How long did it take you?		



EASTER FUN 2020



WEDNESDAY 8 TH APRIL: PM				
ACTIVITY TYPE	ACTIVITY 1	RESOURCES	ACTIVITY 2	RESOURCES
PHYSICAL	Play a game of 'Ahoy Matey!'	Ahoy Matey game card	Balance Beam Stick a length of tape on the floor to create straight or curved lines to walk on. Have unique rules for how they can be walked on. For example, if the tape is blue, the player has to walk with one hand on his/her head, or if it is green, he/she has to hop.	Tape, string or the equivalent for the 'balance beam.'
CREATIVE	Create a handprint Spring lamb! 	Cotton wool, paint, piece of paper.	Create a mosaic Easter egg 	Card, coloured paper, scissors, glue.
INVESTIGATION	Get outside in the garden and go on a Butterfly Hunt!	Butterfly ID sheet	Matchbox challenge Find a match box or a small box. What is the maximum number of 'things' you can fit in your box?	Matchbox or equivalent.



RESOURCE CARD



5-a-day



Put on some music you enjoy to help get you going.

Wall sit – sit against a wall with your knees bent and thighs at 90 degrees to the wall. Keep in that position for 30 seconds.

Press up – either from knees or in a press up position keeping your back straight, how many press ups can you do in 1 minute?

Cycling in the air – lie on your back with your feet in the air, arms by your side. Circle your legs as if you were riding a bike for 1 minute. Then repeat it backwards.

Side to side – lie on your back with your knees bent up, feet on the floor. Roll your knees to the left side and then the right side. Keep going for 30 seconds.

Squat – Stand up feet slightly apart. Bring your arms up in front of you, keeping them straight, while you squat down as low as you can, keeping your back straight. How many can you do in 1 minute?

Keep your scores. These 5-a-day will be repeated every Wednesday during Easter Fun. See if you can improve.

How to make Easter daffodils



What you will need:

Yellow card

Cake case

Lolly stick (or equivalent)

Pencil, glue, scissors

Green paint or pen

How to make the daffodil:

- 1) Draw an outline of a daffodil head as pictured above.
- 2) Cut out daffodil head shape.
- 3) Using the glue, stick cake case to the centre of the flower head.
- 4) Using green paint or pen, colour in the lolly stick.
- 5) When dry, carefully attach the stem (lolly stick) to the reverse of the flower head using selotape.

How to make a mini catapult



What you will need:

Pencils X 6

Elastic bands X 6

Spoon (Plastic or metal)

How to make the catapult:

- 1) Create the base of the catapult. Gather three pencils into a bundle and use a rubber band at each end to ensure they are secured tightly together.
- 2) Using rubber bands, attach three other pencils to create a solid square base (as pictured above.)
- 3) Attach the very end of the spoon to the centre of the three-pencil-bundle with an elastic band.
- 4) Use the last elastic band to stretch across the length of the three-pencil-bundle to avoid slippage.
- 5) Load the catapult with a light object (eg. rolled up cotton wool ball/ small pom pom.)
- 6) Gently pull back the catapult and 'FIRE!'

How to create a simple Bug Hotel



What you will need:

A large plastic bottle cut into two cylinders,
Sticks,
Pine cones,
Bark
String (optional)

How to create the 'Bug Hotel':

- 1) Carefully cut the bottle in half.
- 2) Forage in the garden for sticks, pinecones, bark and any other suitable natural materials.
- 3) If you are planning on hanging your 'Bug Hotel' thread the string through the cylinder.
- 4) Pack the 'Hotel' with all the natural materials.
- 5) Either hang or place the 'Bug Hotel' in a secluded spot in your garden.
- 6) Check daily to see if any 'guests' have moved in!

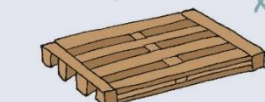
How to build a bug hotel



You will need:

- Wooden pallets

x4



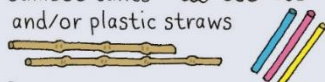
- Bricks



- Plastic bottles



- Bamboo canes and/or plastic straws



- Straw



- Leaves



- Tiles



- Cardboard



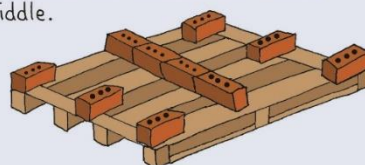
- Stones/pebbles



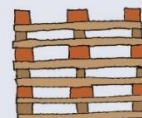
- Twigs/loose bark



- 1 Place a wooden pallet in your chosen location. On top of the pallet, line bricks around the corners and across the middle.



- 2 Place your next pallet on top of this and repeat the process for all of your pallets.



- 3 Cut off the top two-thirds of your bottles. Fill up half of them with bamboo canes/plastic straws and the other half with rolled up cardboard. Place these inside the hotel.



- 4 Fill in the remaining spaces with bricks, leaves, pebbles, stones, tiles, loose bark and straw.



- 5 Add in any extra materials that you want to recycle e.g. old pipes, carpeting, toilet tubes, old plant pots. Be creative - add a welcome sign or give your hotel a name!





RESOURCE CARD



Ahoy Matey!!

Number of players: 1+ a leader; can be played with more players

Aim: Warm up and get active!!!

Playing Space: Garden, yard, house - which is the 'ship'

How to Play:

The leader issues instructions and the player performs the actions as quickly as possible. Play for 2 minutes and then change, taking turns to be the leader.

Port – run to left hand side of ship

Starboard – run to right hand side of ship

Stern – run to back of the ship

Bow – run to front of the ship

Abandon ship – move outside the ship and pretend to swim

Shark attack – swim back on board ship and sit down.

Captain's coming aboard – stand straight and salute

Climb the rigging – mime climbing up a ladder

Scrub the decks – kneel and pretend to scrub

Dance the hornpipe – fold arms and dance

Torpedoes – balance on one leg

Submarines – lie on back with one leg in the air

Freeze – stand still

Variations:

Increase speed and amount of instructions – start with a few and see how many the player can remember at one time.

How to create a handprint Spring lamb



What you will need:

Paper

Black and green paint

Paintbrush

Cotton wool

Glue

How to create the lamb:

- 1) Cover working area with newspaper and put out plain sheet of paper.
- 2) Pour black paint onto a paper plate or tray.
- 3) Put hand flat into paint to ensure all areas of hand are covered.
- 4) Spread fingers and place painted hand onto paper. Press down hard and then remove (as above.)
- 5) Wash hand and allow handprint to dry.
- 6) Dab green paint below handprint to create grass.
- 7) Using glue, attach cotton wool to lamb ensuring all four legs and head are visible (as above.)
- 8) Finally, complete the facial features. Either, attach a 'googly' eye or attach a tiny white circle of cut out paper and add pupil with a black marker.

How to create a Mosaic Easter egg



What you will need:

Coloured paper or card
Glue/ Scissors/ Pencil

How to create the Mosaic egg:

- 1) Draw the outline of an Easter egg and carefully cut out the shape.
- 2) Select colourful paper and cut into small random shapes.
- 3) Using the glue, stick the colourful shapes onto the egg shape ensuring you leave a small strip of white in between to create the 'mosaic' effect.


Butterfly ID Sheet



Get out and get detecting!
Have you spotted any of these?



Orange tip




Comma




Painted lady



Holly blue




Peacock




Brimstone




Ringlet




Green-veined white



Small tortoiseshell



Speckled wood



Green hairstreak

Beautiful butterflies!

Did you know...? There are 59 species of butterfly in the UK.
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