



Activities to enjoy during your walks

- How many things can you spot with the letter A, B, C....
- Can you find something for every colour of the rainbow?
- Think about and note down the sounds and things you see on your walk. Can you write a story about your walk taking inspiration from the things you saw? Maybe you saw a mini beast and you could write about the adventure it is going on, or maybe when you walked through the trees you heard the Gruffalo...
- Can you find 5 objects on your walk to put in a treasure chest? Take these items home and make a treasure chest to store them in. Maybe you could leave the treasure chest outside and see if any mini beasts visit it?
- Can you count how many steps you took in x field? If you run through the next field do you take more or fewer steps?
- Collect sticks to take home to make stick man. Can you give him stick arms and legs, maybe a face? You could draw a picture or take a picture on your walk of a tree where you think stick man lives.
- Can you make a stone stack?
- Can you collect a variety of items from the colours of the rainbow, then create a rainbow with your items?
- On a walk in the woods, can you draw a picture in the mud using a stick as a paintbrush?
- Close your eyes and listen, how many different sounds can you hear?