



ACTIVE LEADER COURSE

SESSION	TITLE	SESSION DETAIL	PRACTICAL
1	Introduction to Leadership	Leadership styles and principles; making people feel welcome; what style of leader are you; making a positive first impression; ice-breaker games	Trainer led games; leadership styles; positivity; positioning; practice leading a game if comfortable
2	Safety	Safeguarding; risk management; identifying hazards in activity situations	Hazard spotting activity; trainer led games; appropriate playing areas and equipment
3	Planning and Preparation	Core skills needed when delivering activity: setting objectives, planning and presenting, communicating, motivating, promoting inclusivity, giving feedback	Split into 4 working groups; each group plans and then leads a game from the Games Booklet to the rest of the group; Plan an activity session using the games played
4	First Aid	Dealing with emergencies; CPR and relevance, video demonstration, use of defib	CPR hands on practice; bandaging or research into medical conditions which affect activity
5	Practical delivery	First opportunity to deliver an activity session to younger children	Deliver session; review and evaluate
6	Creativity in leadership	Invent an activity/game; developing teamwork and problem-solving skills; using household items for equipment, adapting	Invent a game for younger children with limited equipment; test out with group
7	Creating an event	Components of event organization and planning an event; allocating roles and responsibilities	Plan an activity session for younger children using the invented games; make it into a mini event with welcome, awards, for example.
8	Practical delivery	Second opportunity to deliver a mini event to younger children	Deliver mini event; review and evaluate
9A	Marketing	Communicating a message; using the media; reaching your audience	The mini event is being run out of school as a holiday event. Create an advert for it.
9B	Budgeting	Creating an event budget; income, costs, what can be secured for free? What does economies of scale mean? How does this relate to weekly budgeting?	The mini event you created is being run out of school as a holiday event. Create a budget to stage it.
10	Career development	Being a great candidate: creating a CV; making an application; skills employers are looking for; health and well-being; articulating your abilities; demonstrating experience; pathways	Students interview each other using interview questions. Completion of on-line survey. Pathway opportunities presented by external companies. Final opportunities for leading games or playing new ones.