














Guidelines for all those wishing to become Accredited Active Leader and Accredited Junior Active Leader Trainers





Experience and skills required:

-  a variety of presentation skills including verbal, written and practical delivery;
-  a variety of group leading skills, both on a 'one to one' basis and on a 'one to many' basis;
-  the ability to create a fun but purposeful atmosphere and engage with young people of varied abilities, activity levels, cultural and social backgrounds;
-  skills to guide, direct and support pupils towards new experiences and challenges;
-  ability to motivate, inspire and nurture towards confidence and personal development;
-  ability to observe individuals and provide constructive verbal and written feedback.

As a Junior Active Leader Trainer or an Active Leader Trainer you will need to be:

-  physically fit and active, able to lead, adapt and engage with games which children play and encourage creativity;
-  organised, prepared, well presented;
-  familiar with and follow all safeguarding policies and procedures of the course host;
-  able to deliver the learning objectives, with a flexibility of approach to engage individuals with different learning styles and abilities;
-  flexible in approach and attitude, responding to the demands, wants and needs of the participants and the course host.

Experiences which we would expect our Junior Active Leader Trainers and Active Leader Trainers to have obtained:

-  with children in a variety of settings, including games, play, sport and community;
-  nurturing individuals or groups towards behaviour change;
-  assessing and evaluating performance / progress;
-  experience of workplaces and understanding of career pathways and employment in a least one related sector: physical activity, education and training, marketing and communication, or commercial business.

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