

HOW TO BECOME ANACTIVE LEADER



If you've read our case studies and seen our photo gallery and you love the idea of becoming an Active Leader, please email penny@activeleaders.co.uk. Please tell us your date of birth, year group, the school you attend (or university). We will let you know if there are any courses taking place in your area. If you are under 18, we need to have an e-mail of an adult in your family, or your carer or guardian so we can copy them into any e-mails we send you. You do not have to be sporty, a member of a team, or have any leadership experience. You just need to be willing to join in and have a go!