



# Active Leader Course



## CASE STUDY: OASIS BRISLINGTON, BRISTOL

### BACKGROUND

Active Leader course began at Oasis Brislington in 2018, funded by Future Quest.

After a short break during Covid, the programme re-launched in 2021, led by Ellie Bidgood who became an Accredited Active Leader Trainer and ran the programme in 2021 and 2022 also funded by Future Quest.

Impressed by the significant contribution the trained Active Leaders have made to the school's student leadership team and supporting sports clubs within the school and local community, Oasis Brislington agreed to fund the programme in 2023 and again in 2024.



### IMPACTS

So far over 100 students have become Active Leaders at Oasis Brislington, with a further 20 set to be trained in 2024.

Most importantly, this leadership training has attracted a wide cohort, who have seen the confidence building, skills development and practical experience outcomes as important for their next steps and career choices.

Teacher Ellie Bidgood says: "Many of our Active Leaders have also gone on to lead in roles within the school, including Lead Prefect positions. One Active Leader has even set up a peer mentoring scheme within the school, where selected year 11 students (most are Active Leaders), are paired with a younger student and lead small group activities or guide them throughout their school journey. This has been a huge success within school, and the Active Leader who set this up, gained the skills and confidence required through the completion of the course."



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### WHAT THE STUDENTS SAY

**“The course has helped me to develop my coaching and leadership skills and I now coach at my local football club. It has increased my confidence, and it helped me effectively lead a warm up to get a better grade in my BTEC Sport leadership unit .”**

**James**



**“The Active Leaders course helped me improve my confidence and made me enjoy coaching more, and since leaving school I have come back to help run my football club. I am also currently completing my Level 3 Extended Diploma in Sport- I got onto this course partly due to my coaching volunteering I’ve completed-I wouldn’t have had the confidence or knowledge to coach outside school without completing the Active Leader course.”**

**Yasmin**



**“It was a fantastic week where I made lots of friends and unlocked a lot of great opportunities for me within school. It also helped me build better relationships with my teachers and have an increased mutual respect. I also run a girls’ football club for younger students which I wouldn’t have done without the course.”**

**Mae**

