How to host or run a Junior Active Leader Course

Host a Junior Active Leader Course by e-mailing penny@activeleaders.co.uk. We will send you a booking form to complete. A whole school class can be trained together. The course is ideal for years 5/6 in primary schools and years 7/8 in secondary schools.

Costs

School/centre registration fee is £495 + VAT including teacher CPD training and downloadable resources for course delivery.

Training to deliver the course can be via zoom or in person (please see CPD Trainer Accreditation).

Printed packs for learners cost £20pp + VAT and shipping, containing a workbook, games booklet, t-shirt, Junior Active Leader Award certificate and pin badge.

We can also provide trainer(s) to deliver the course. Costs are based on the agreed delivery format, number of trainers required and travel distance. If an external trainer is provided, a teaching assistant or additional supervising adult is required to be present throughout.

Delivery

Courses can be run during curriculum time, as an enrichment programme, holiday club or linked to other personal development opportunities.

For children who have additional needs we recommend a smaller group size and appropriate individual support. Adapted resources are available for SEND children.

Facilities and equipment

Minimal facilities, equipment, support are required as follows:

- 1 classroom with chairs, tables, whiteboard and lap-top hook up
- Access to activity space (eg playground) with indoor back up (eg school hall) if wet
- Provision of 2 groups of 30 children (eg years 2-4), one group for each practical activity session of the course (sessions 5 and 8)
- Games equipment:
  20 X hoops
  50 x bibs
  4 x stacks of small cones/markers (at least 100 in total.)
  Bucket of tennis balls including 2 balls of a different colour
  Bag of footballs or netballs
  Floor markers/spots
  50 x bean bags if available
  Sponge balls or soft dodgeballs

Sports Premium Funding

This is an approved programme for Sports Premium funding.
Prices are valid as at October 2026.