How to host or run an Active Leader Course

Anyone can request to host an Active Leader Course by e-mailing penny@activeleaders.co.uk. Please indicate the year group(s), number of students and ideal time-frame and we will send you a booking form.

Costs

School/centre registration fee is £495 + VAT including training and downloadable resources for a teacher to deliver the course.

We offer printed student packs for £25pp + VAT and shipping which contains a course manual, games booklet, t-shirt, certificate and pin badge.

We can also provide trainer(s) to deliver the course. Costs are based on the agreed delivery format and number of trainers required.

Delivery

Courses (which are approximately 25 hours long) can be run during curriculum time, as an enrichment programme, holiday club or linked to other personal development opportunities. The course can be run within a week, or spread across a series of sessions / curriculum weeks.

For students who have additional needs we recommend a smaller group size (up to 10).

Minimal facilities, equipment, support are required as follows:

- 1 classroom with chairs, tables, whiteboard and lap-top hook up
- Access to indoor activity space of sufficient size to run practical sessions (eg sports hall) and outdoor space weather permitting
- Provision of 2 groups of 30 pupils (year 7 or primary school age) one for each practical activity session
- Equipment (usual PE store equipment):
  20 X hoops; 50 x bibs; 4 X stacks of small cones/markers (at least 100 in total.)
  Bucket of tennis balls including 2 balls of a different colour; Bag of footballs or netballs
  Floor markers/spots; 50 x bean bags if available
  Sponge balls or soft dodgeballs (as many as available)
- Single point of co-ordination for registers, timetabling, student data, behaviour management and policies

Pathways

We aim to identify pathways for trained Active Leaders to gain further experience, and we ask all our ‘hosts’ to play an active role in collaborating with local partners to provide volunteering or work experience opportunities.

Prices are valid as at October 2026.